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Volume Two edited by: Jocelyn K. Glei / Preface: Scott Belsky you can get out of your comfort area? Returning from failure? Building new skills? Tapping to your true potential is not a vain company. Requires creativity, dedication and lots of hustle. With the wisdom of 21 creative leaders, maximizes your 99U potential will show you how to generate new opportunities, cultivate your creative experience, build valuable relationships and take new bold risks to make the most of your talents. Contributors maximizes your potential will show you how to develop a mentality of growthâ to remain competitively developing new skills. Push out of your comfort area to build better job and creative habits. Identify your sweetspot work and create new opportunities for your career. Surround yourself with a network of collaborators to bring your work to the next level. Look for your «bankruptcies» to get valuable data on what it works and what doesn't. Embrace your power to make the outcome of any risk a success. Praise to maximize your potential «Maximize your potential is an authentic and powerful guide to make the most of your innate talents. When you follow your passion 'is not enough, this book comes to the heart of how to realize your long-term career goals ". Tina Roth Eisenberg, founder, Tattly + Creativemornings Â «A recipe book for creative intelligence that explores everything, from the exploitation of the power of the habit to cultivate meaning. Relationships that enrich your work to overcome the fear of failure. Â «Maria Popova, Brain pickings Â« This is not for everyone », certainly not for those who choose to feel powerless rather than trying to make something work. But if you are trying to understand creativity through science and psychology with well-documented examples of ancient and modern history, maximize your potential could be your literary jam. " Kiran Umapathy, Holiday Matinee Watch the trailer to maximize your potential who is the publisher a continuous effort, not strength or intelligence, is the key to unlocking our potential. Winston Churchill never feels like you had all this unused potential? You just know that you have what you need to make your dreams, but for one reason or other, you're holding up. You can also know what to do, but still, nothing happens. There is no movement forward. Something keeps you blocked to live your life in version 1.0. In the depths of your instincts, you feel that the time has come to change. That the time has come to upgrade to version 2.0. This new version is the version that will help you achieve your goals and goals. You will help you fully exploit your potential. It will help you maximize the results you want Actions that are taken. Maximize our full potential seems simple in appearance. Taking a massive and consistent action that moves towards your goals should you do it, right? Well, this is a ... a ... part of the puzzle, but it's not the whole picture. There are no key pieces you will need to gather to maximize how you work towards your goals. But to find those pieces, you will have to go through a small process of self-assessment. How to Maximize Your Full Potential Maximizing Your Potential Means Basically Get More From You In Every Situation. It means doing more in less time and getting better results. And it's all about results. However, to achieve higher level results, you must first update yourself. If you are at Version 1.0 right now, the goal is to update you to Version 2.0 in the next 30 days. But how do we do exactly? You do it by evaluating where you are, I understand where you want to be and by drafting an action plan to get there. Maybe, you feel like you're able to scale your career scale and get the promotion you've wanted all these years. Or potentially, you feel as if you could take your business to another level. Whatever it is for you, it's time to be honest with yourself and track a path to help improve your results. Ask yourself: Where am I in my life right now? What objectives would I like to achieve? How do I feel about where I am and what have I been able to achieve so far? How will I assess the quality of my daily performance and efforts? What am I doing? Where am I happy, satisfied and successful? Where am I fighting right now? What do I want to get to? Where do I feel like I have more potential and capacity? In what specific sectors? Why do I feel like this? How did I fail in these areas? How could I potentially improve my production and my results? How could I learn from my successes and past failures to help me move forward better? How would my personal standards raise me to achieve the desired results faster? To maximize your potential, you need to upgrade to Version 2.0. This update process always starts when you are committed to raising your personal standards. You have what you have in your life now because of your personal standards. If you have a low level of yourself in various situations, then you should not be surprised that you are getting results below average. The raising of your personal standards at higher levels helps you reach higher levels. When you raise your standards, do not settle for mediocrity anymore. You are instead shooting for the stars and pursuing higher-level actions that will get you better results. Of course, you will not always achieve these high standards, but the act of testing approaches you much more than if you had set them at average levels. The raising of your personal standards, however, Only a start. There are other pieces of this puzzle that you must also put together to maximize your potential. To begin with, you will need a personal vision and a mission statement. This will help drive drive along your journey to your goal. Make sure, however, that your vision and mission play on your personal strengths. Everything you do has to play on your strengths. Yes, you can, of course, work to improve your weaknesses, but your strengths will carry you forward. Secondly, you have to commit to improving constant and endless improvement. In other words, he becomes a student for life. Dedicate yourself to learning everything you can that could potentially help improve your results. Thirdly, we need to cultivate a competitive spirit. You need to challenge yourself every day to push forward towards your goal. If you're not challenging yourself, then you're not growing, and if you're not growing, then you won't change. And if you don't change, things probably haven't changed. Your circumstances will be as they have always been and you will still be back again from maximizing your full potential. To maximize your potential, you also need to be willing to accept criticism and feedback. You need to use that feedback to improve your improvements. In fact, you should essentially be your harshest critic. To hold on to your high standards, you have to be tough on yourself. People who are more successful in life always hold themselves accountable. In fact, they continually challenge themselves to work harder and do better. To round things up, you also need an action plan that can help you put all these individual components together. The main purpose of this plan is to guide you towards your goals. However, your plan can also act as a catalyst to help you expand your skills, improve opportunities and gain valuable experience. Your action plan, then, serves as a platform to help you maximize your ability to achieve your goals. Within the next sections of this article, I would like to explore several of the areas mentioned above in a little detail. Specifically, let's take a look at: Cultivating a risk-purchasing mentality that develops physical guidance to fuel the motivation you are challenging through a competitive spirit that creates a compelling vision that moves you forward that holds you back through self-criticism that ignites your ambition to achieve self-criticism that drives you forward. Finding the self-confidence to overcome the setbacks that develop leadership skills to grow your success at building a fitness regimen to boost your energy each of these nine areas to help maximize your potential and improve your results as you work toward achieving your goals and objectives. You will get the best out of yourself and your abilities if you commit to development in these nine areas. There are, of course, no here. It will take an incredible amount of work. But if you're ready to upgrade to version 2.0, then take a more closely looks up on which they have been requested. Cultivate a mentality for the risk of risks to maximize your full potential, you need to feel at ease to risk. Yes, yes, is uncertain. The choices that we do not make do not always take advantage as expected. Sometimes we make choices, and things don't play in our favor. High realized The world is where they are in life because they were willing to make difficult decisions. In addition, they took the risks that provided them the opportunities to achieve their goals. However, this, of course, means that you should take risk-free. For every high aciever who risked everything, there are countless stories of people who lost everything. Risk taking must be carefully thought through. It's not something you should run about. Before you take a risk, you have to weigh pros and cons. Ultimately, your goal is to make a decision involving the lowest amount of risk for higher returns or opportunities. This, of course, is not easy to calculate. Sometimes I don't know how things are gonna play. Having a reasonable level of knowledge, understanding and awareness of your situation can be very useful. This will help you develop the necessary forecast to make calculated decisions. However, probably uncertainty probably exists. But difficult decisions must be made to help you move forward. And this, of course, requires the courage to follow your actions and adapt your approach if necessary. You will get the most out of your comfort zone and take the necessary risks to achieve your goals. Development of physical units to power motivation to maximize your full potential, you need to build the physical drive that will ease your motivation. Physical unity is a hunger and energy coming from within. It helps you to move forward when the pass arrives. It also helps keep you motivated and interested when you do tedious and repetitive tasks that stop other people in their tracks. To develop the necessary physical unity, you will have to have a definitive purpose. Your purpose must be something that is greater than you and your goals. It must be something that really makes life worth living. Physical unity also requires structure. It has to be supported by a solid action plan that can help you carry on every day. When you have an action plan in place, it is more likely that you take decisive action in your goals. Besides, it's more likely that you stick to your projects and goals when things get tough. Many people stop when they face adversity. This is why they never reach their full potential. And generally they always stop for the wrong reasons. They stop because they lack confidence. In other words, knowledge, skills, resources, support or experience are lacking to get the job done. These sand motifs are reasons to stop. These are rather than you can acquire over time. With this in mind, your physical unity must be sustained by boldness, trust and determination to fight through your struggles. In addition, it requires a calm calm countfaded by setbacks. A demeanor who welcomes change as a positive and beneficial experience. This is the only way to maximize your full potential. Challenge yourself through a Competitive Spirit To maximize your full potential, you need to have a competitive spirit. Being competitive doesn't mean you're always challenging other people to a duel. It means rather challenging your best yourself every day. Your goal should always be the pursuit of excellence in everything you do. It should be all to make progressive, constant and incremental improvements every day. Your competition is, therefore, you. More specifically, it's the "you" you were yesterday. This is the benchmark for your performance standards. To maximize your full potential, you have to challenge yourself to surpass your best self. Raise your standards and make an effort to do better, and be better in small ways every day. Creating a Vision of Compliance that Moves You Forward To maximize your full potential, you need to have a compelling vision that pushes you forward. Your vision usually comes down to your long-term vision of success. It is about how you imagine and your life in the coming weeks, months and years. This is something that must push you forward every day. Having a convincing vision of the future helps to divert your attention from the many problems and inconveniences you inevitably face along your journey. It helps to keep your eyes focused on the big picture, and not on the plethora of problems that may arise along your journey. But your vision is not exclusively yours. You need to involve other people to get on board your vision for mutual benefit. You need, then, to get their support to help you achieve your vision and goals. Maximizing your potential is not just about you. Other people can help you maximize your potential by providing the knowledge, skills, tools, resources and support you need to achieve your goals. Taking Self into account through Self-Criticism To maximize your full potential, you need to be willing to hold yourself accountable for your decisions and actions. This basically means taking full responsibility for what you do and for the results you produce. Honest self-criticism or evaluation is, of course, the key here. You need to be honest with yourself and critically evaluate your progress. This is the only way to put you in a position to make changes that can help you progress. Failure and mistakes are of course an inevitable part of your journey. When these struggles arise, it is imperative to avoid blaming people or circumstances for your situation. Instead, take full responsibility, evaluate what you have what he didn't do, and how you could do better next time around. High followers are often more critical and harder on themselves than anyone else. They hold to the highest standards and pursue excellence excellence Everything they do. And that is, of course, the reason why they are able to do so much more than the average person. You can only maximize your full potential if you are willing to learn, grow and adapt to every experience. And that, of course, starts when you commit to holding yourself responsible. Turn on your ambition to achieve goals To maximize your potential, you need to constantly turn on your ambition. Your ambition is linked to your vision of the future and your physical drive. It's basically the fuel that keeps you going every day. However, your ambition is also tied to the sense of urgency. Even people with a high level of ambition work urgently. They set concrete, time-specific, extension targets. The time-specific element makes these goals very challenging. Many times, great developers aim at impossible goals. They shoot metaphorically at the stars. This is, of course, an unlikely objective, which they are unlikely to achieve. But by shooting at the stars, they know they'll at least hit the moon. Ambition, however, is something you have to cultivate every day. This is something that requires constant effort and application. Whether you reach your high goals or not, ambition continues to push you beyond the limits of what you once thought was possible. Finding the confidence to overcome obstacles To maximize your potential, you need to find the confidence to overcome obstacles. Self-confidence is a fickle thing. It's something we're oversupplied of, or it's something we're struggling to find. For most people, feeling safe has little to do with them, and has more to do with what's happening around them. When things are going well, and people are on your side, then it's easy to feel safe. However, trust is not so easy to find when facing adversity and criticism. Great successes, however, are not so fickle. Their level of self-esteem comes from their self-esteem. No matter what's going on around them, they feel confident they can do it because they have a high level of self-esteem. Their self-esteem protects them from life's obstacles and criticism. Great successes, of course, do not come with self-confidence. Instead, they develop it over time as they gain more knowledge, experience, support, resources, tools and experience to overcome their problems. This helps them later to work with more determination and conviction. Maximizing your full potential therefore depends to a large extent on your level of self-confidence. When you feel confident, you are more likely to take risks and step out of your comfort zone to achieve your desired goals. With it, everything becomes possible. Of it, life will continue to be an endless fight. Develop leadership skills to grow your success to maximize your potential, you need to develop your leadership capabilities. Success is A solitary journey. High Achievers The World-over reached a massive success because they have successfully gathered the support of other people. Of course, they did this through leadership. Anyone who wants to maximize their full potential must study leadership. They have to work consistently to develop their leadership capacities and learn how to recruit people to their cause. To excel as a leader, you must: build a team around you that integrates your strengths and supports your weaknesses. Encourage people to take an initiative and decisive action. Increase people to higher performance standards. Receive people involved through feedback while encouraged creative self-expression. Listen carefully, be the objective and balancing criticisms with honors. Show empathy and compassion, while at the same time showed the conviction and strength of the character. Bring with the example and strive to develop your people in the leader. The great leaders understand how to motivate people, how to manage projects, how to facilitate, how to give priority to the team's workflow, like delegating and, above all, how to communicate effectively and succinctly. Evaluate if you have or not what it takes to excel as a leader, ask yourself: do you give other people the possibility of talking about their mind? Are they faithful to other people when they represent them? Do you avoid being involved in office policy? I strive to cultivate a positive atmosphere? I care about my mistakes? Lead with the example and inspire others to undertake similar actions? Excellent as a leader helps you maximize your full potential because it can't rely on yourself, but instead have a team of people who support you while you work towards achieving your goals. Take advantage of the time, energy, skills, resources and knowledge of other people from other people is the key to fully maximizing your potential in any field of effort. Building a fitness regime to increase your energy to maximize your full potential, you need physical energy to make you spend the day. When we feel lazy and tired, it is difficult to find the motivation that we must pursue our goals. Our energy levels are at the center of all our efforts. When we feel energized, we think more clearly, have multiple drives and motivations, make better decisions and work more productively. On the other hand, when we feel lazy, everything looks just a ciccio. Regular exercise, adequate sleep and adequate nutrition are the keys to improve energy levels. Without physical and mental energy, you will not be consistent to maximize your full potential and achieve your goals. Thoughts are probably not many people in this world that could to say that they have achieved a maximum potential of human beings. The process of maximizing our potential never actually ends because there is more and more to know, to learn and do this can help move our lives forward in a better way. All this comes mainly from a commitmentlifelong learning. It's about having the will to learn, grow and develop in a multitude of ways that support our purpose and vision of life. This, however, requires work. It takes constant vigilance and consistent action on your part to become a better version of yourself today than yesterday. It's about raising your game every day. It's about being better and doing better. It is about endless growth and development. This is the main path to maximize your full potential. Time to assimilate these concepts Was this article helpful? 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